






How to Use Compost

Compost adds nutrients to the soil and can be used in vegetable gardens, flower beds, lawns and more. Compost is a great way to improve the overall health of your soil while reducing food and yard waste from going to the Landfill.

Tips for use at home

With all applications, it's best to apply compost roughly four weeks before planting/seeding to allow the compost to saturate the soil.

Usage	What to do
Vegetable Gardens 	<ul style="list-style-type: none">▶ Work 2 cm of compost into the top of your soil.▶ Put a scoop of compost in the hole directly before planting to give your plants a boost.
Lawns 	<ul style="list-style-type: none">▶ For established lawns, it's best to aerate first then apply 1.25 cm evenly over the lawn, watering thoroughly.▶ For new lawns, add 2 cm of compost and mix it uniformly into your topsoil before seeding or applying sod.
Flower Beds 	<ul style="list-style-type: none">▶ For existing flower beds, spreading 1.25 cm of compost across the top is enough. If there is mulch, the layer of mulch will have to be removed first.▶ For new flower beds, add 5 cm of compost and mix it well into the soil.
Containers & Raised Beds 	<ul style="list-style-type: none">▶ Soil here depletes more quickly. Simply add compost as a fine layer of "mulch" each month can replenish the soil and help plants resist drought.
Houseplants 	<ul style="list-style-type: none">▶ Before potting, add a thin layer and mix it into the soil. You can also add a thin layer to the top of the soil every couple months.▶ Leave the compost out in the sun before bringing it in your home – you don't want to bring little critters in with you!

Visit Regina.ca/waste
for more information.

