

# Food & Water Options (PICK-UP ONLY)

Organization & Location:	Hours	What is offered?
<a href="#">Al Ritchie Heritage Community Health Centre</a> 1550 – 14th Ave (Halifax St doors)	<b>Monday-Friday:</b> 10 a.m.-4 p.m.	<ul style="list-style-type: none"><li>• Bread, coffee, and water</li><li>• Computer and phone</li></ul>
<a href="#">City of Regina</a> *Multiple Locations	<a href="#">Regina Fire &amp; Protective Services</a> <b>24/7</b>	Bottles of water available from seven fire stations throughout the City when heat warnings are in effect.  <i>Note: Bottles can be found in bins located outside building when RFPS staff are offsite.</i>
<a href="#">City of Regina</a> <b>Temporary Water Stations</b> <ul style="list-style-type: none"><li>• <b>Buffalo Meadows Park</b> (Corner of 8th Avenue and Montague Street)</li><li>• <b>Core Community Park</b> (Intersection of 11th Avenue and Montreal St.)</li><li>• <b>Victoria Square Park</b> (Scarth St. and 12th Ave)</li></ul>	<b>24/7</b> <b>Operational June to October</b>	<ul style="list-style-type: none"><li>• Water</li></ul>
<a href="#">John Howard Society</a> 1801 Toronto Street	<b>Monday-Thursday:</b> 10 a.m.-4 p.m.	<ul style="list-style-type: none"><li>• Water, snacks, &amp; coffee</li><li>• Hygiene products</li><li>• Phone</li><li>• Clothing</li><li>• Food hampers when available</li></ul>
<a href="#">Mobile Crisis Services</a> 1646 – 11th Ave	<b>24/7</b>	Water available
<a href="#">Regina Food Bank</a> 445 Winnipeg St	<b>Monday-Friday:</b> 9 a.m.-4 p.m.	Food provided by appointment (unless have not used RFB services in 180 days or more, then eligible for a same day order)
<a href="#">Street Culture Project - Youth Emergency Shelter</a> 1314 – 11th Ave	<b>24/7</b>  Ring buzzer at the door and staff members will assist.	<ul style="list-style-type: none"><li>• Bagged lunch until 9 p.m.</li><li>• Bottled water</li><li>• Feminine hygiene products (while supplies last)</li></ul>

