

Swim Apparel Guidelines

The City of Regina is committed to providing an environment where participants of all ages, abilities, bodies, gender identities and expressions, religions and cultures can enjoy the facilities in a safe, welcoming and equitable manner.

Participant safety is a top priority for the City of Regina. Swimwear must be suitable for general participation and must not impair swimming skills. Swimwear may be made of any fabric that does not put staff or a participant's health at risk or interfere with pool water quality.

- 2.1 Appropriate attire for swimming should:
 - Maintain full and appropriate coverage of genitals.
 - Be clean and brought to the pool solely for the purpose of swimming.
 - Allow the body to move freely;
 - Participants who wish to wear a modified version of traditional swimwear are welcome, provided it doesn't impede movement or buoyancy. Examples include; but are not limited to: footless tights, gymnastic leggings, tight-fitting undershirt, light t-shirt, a tight-fitting hood that covers the head and neck with a wide opening for the face, tightfitting sweater or pants, or a wetsuit.
 - Be void of buttons, zippers or trailing fabric that may damage City property (i.e. waterslides) or create a safety risk.
- 2.2 In addition to the swimwear options outlined in 1.1, participants may wear clothing that is long, flowing, and/or may become heavy when wet (i.e. saris and hijabs, sweats, etc) with a swim suit or clean undergarments worn underneath. For safety reasons, participants wearing these garments will be asked to stay in the shallow end of the pool (where participants can touch the pool bottom with shoulders and face above water), and not in deep water.
- 2.3 To ensure environments that are safe and free from external contaminants, all participants are required to take a complete and cleansing shower while wearing their swim attire before entering the pool.

Anyone who is unable to control their bladder and/or bowels will be required to use a correctly sized reusable or disposable swim diaper, or incontinence brief.