

### **June is Parks and Recreation Month**

June 1:

- The City will host a tree seedling giveaway in celebration of Arbor Day. This year, 1,000 trees will be given away in Victoria Park between 9 a.m. and noon, while supplies last. This is your opportunity to take home your very own tree seedling to plant and care for. Also onsite, you will be able to learn how City staff care for our urban forest through an ariel lift truck demonstration.

June 4:

- Learn to skateboard 9 a.m. to 12 p.m. with Regina Skateboarding Coalition at the Wascana Skateboard Plaza.

June 11:

- The City in partnership with Nature Regina and the Saskatchewan Orienteering Association present Get Outside! This program will include a family scavenger hunt, orienteering and nature activities like pond dipping and insect spotting at A.E. Wilson Park. Four Sessions will be offered between 10 a.m. to 10:45 a.m for 30 people each, online registration required here: [www.natureregina.ca/events](http://www.natureregina.ca/events)
- Learn to skateboard 9 a.m. to 12 p.m. with Regina Skateboarding Coalition at the Wascana Skateboard Plaza.
- Family Fitness Class 2 p.m. to 3 p.m. at the Fieldhouse.
- Kids Sports Jam Activities 3 p.m. to 4 p.m. at the Fieldhouse. Participate in a variety of non-competitive, non-game-based sports and activities for fun and fitness.

June 12:

- Free Leisure Swim at Sandra Schmirler Leisure Centre from 12 p.m. to 8 p.m.

June 18:

- Free Leisure Swim at Lawson Aquatic Centre from 2 p.m. to 4 p.m.

June 25:

- Free Leisure Swim at North West Leisure Centre from 12 p.m. to 8 p.m.
- Family Fitness Class 2 p.m. to 3 p.m. at the Fieldhouse.
- Parent & Tot Sports Jam Activities 3 p.m. to 4 p.m. at the Fieldhouse. Participate in a variety of non-competitive, non-game-based sports and activities for fun and fitness.

June 30:

- 'SK8 the Waz Block Party' will take place at the Wascana Skateboard Plaza at 5 p.m. The event will be youth-focused skateboarding and dance mashup event featuring Anishinaabe/Cree artist Micheal Langan, founder of Colonialism Skateboards, who will use skateboard art to lead a conversation about how Canadians, especially youth, can move forward together through truth and reconciliation. Attendees can also learn skateboard tricks or try an Afro beats dance combo.