

REGINA SPORTPLEX CHANGES & CANCELLATIONS

January 2026

LAWSON AQUATIC CENTRE

DATE	SPECIAL EVENT	AVAILABLE		CANCELLED
Thursday, January 1	Holiday Hours	9 a.m. to 7 p.m. 9 a.m. to 7 p.m. 12 to 5 p.m.	Strength & Conditioning Area Lane Swim & Swirlpool Leisure Swim	All Regularly Scheduled Fitness Classes
Friday, January 2	Holiday Hours	5:30 a.m. to 9:30 p.m. 5:30 a.m. to 9:30 p.m. 9:30 a.m. to 10:15 a.m. 10:30 a.m. to 11 a.m. 12 to 12:40 p.m. 12 to 3:55 p.m. 1 to 4 p.m. 7:30 to 9:30 p.m.	Strength & Conditioning Area Lane Swim & Swirlpool Aquacise Keenagers Deep Water Workout Preschool Swim Leisure Swim Part of the Pool Swim	
Saturday, January 3	Holiday Hours	7 a.m. to 8 p.m. 7 a.m. to 8 p.m. 12 to 4 p.m.	Strength & Conditioning Area Lane Swim & Swirlpool Leisure Swim	
Sunday , January 4	Holiday Hours	7 a.m. to 8 p.m. 7 a.m. to 8 p.m. 12 to 8 p.m.	Strength & Conditioning Area Lane Swim & Swirlpool Leisure Swim	
Thursday, January 15	RODS Winter Solstice	5:30 a.m. to 9:30 p.m. 5:30 to 7:30 p.m. 9:30 to 10:15 a.m. 12 to 12:40 p.m. 12 to 3:55 p.m.	Strength & Conditioning Area Lane Swim & Swirlpool Aquacise Deep Water Workout Preschool Swim	7:30 to 9:30 p.m. Lane Swim & Swirl Pool 7:30 to 9:30 p.m. Part of the Pool Swim
REMINDER: Passes and Bulk Tickets are honoured at the Fieldhouse, North West & Sandra Schmirler Leisure Centres.				

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LAWSON AQUATIC CENTRE

DATE	SPECIAL EVENT	AVAILABLE	CANCELLED
Friday, January 16	RODS Winter Solstice	5:30 a.m. to 9:30 p.m. Strength & Conditioning Area ** Lane swim times will be announced one week prior to event **	5:30 a.m. to 7:30 p.m. Lane Swim & Swirlpool 12 to 3:55 p.m. Preschool Swim 7 to 9:30 p.m. Leisure Swim All Regularly Scheduled Fitness Classes
Saturday, January 17	RODS Winter Solstice	7 a.m. to 8 p.m. Strength & Conditioning Area ** Lane swim times will be announced one week prior to event **	7 a.m. to 8 p.m. Lane Swim & Swirlpool 2 to 4 p.m. Leisure Swim
Sunday, January 18	RODS Winter Solstice	7 a.m. to 8 p.m. Strength & Conditioning Area ** Lane swim times will be announced one week prior to event **	7 a.m. to 8 p.m. Lane Swim & Swirlpool 1 to 4 p.m. Leisure Swim
Thursday, January 22	NCL Senior Water Polo	5:30 a.m. to 9:30 p.m. Strength & Conditioning Area 5:30 a.m. to 7:30 p.m. Lane Swim & Swirlpool 9:30 to 10:15 a.m. Aquacise 12 to 12:40 p.m. Deep Water Workout 12 to 3:55 p.m. Preschool Swim	7:30 to 9:30 p.m. Lane Swim & Swirl Pool 7:30 to 9:30 p.m. Part of the Pool Swim
Friday, January 23	NCL Senior Water Polo	5:30 a.m. to 9:30 p.m. Strength & Conditioning Area 5:30 a.m. to 9:30 p.m. Lane Swim & Swirlpool 9:30 to 10:15 a.m. Aquacise 10:30 to 11 a.m. Keenagers 12 to 3:55 p.m. Preschool Swim	7 to 9:30 p.m. Leisure Swim 12 to 12:40 p.m. Deep Water Workout
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LAWSON AQUATIC CENTRE

DATE	SPECIAL EVENT	AVAILABLE	CANCELLED
Saturday, January 24	NCL Senior Water Polo	7 a.m. to 8 p.m. Strength & Conditioning Area 7 a.m. to 8 p.m. Lane Swim & Swirlpool 12 to 3:55 p.m. Preschool Swim	2 to 4 p.m. Leisure Swim
Sunday, January 25	NCL Senior Water Polo	7 a.m. to 8 p.m. Strength & Conditioning Area 7 a.m. to 8 p.m. Lane Swim & Swirlpool 12 to 3:55 p.m. Preschool Swim	1 to 4 p.m. Leisure Swim
Saturday, January 31	Swim Sask Camp	7 a.m. to 8 p.m. Strength & Conditioning Area 7 a.m. to 8 p.m. Lane Swim & Swirlpool 12 to 3:55 p.m. Preschool Swim 2 to 3 p.m. Leisure Swim 3 to 4 p.m. Part of the Pool Swim	3 to 4 p.m. No Deep Tank
REMINDER: Passes and Bulk Tickets are honoured at the Fieldhouse, North West & Sandra Schmirler Leisure Centres.			

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January 2026

FIELDHOUSE

DATE	SPECIAL EVENT	AVAILABLE	CANCELLED
Friday, January 9	Tennis Sask Tournament	Strength & Conditioning Area Limited Badminton and Tennis Courts Track	7 a.m. to 10 p.m.: Tennis Courts 1-4 & Badminton Courts 4 and 5 Unavailable
Saturday, January 10	Tennis Sask Tournament	Strength & Conditioning Area Limited Badminton and Tennis Courts Track	7 a.m. - 10 p.m.: Tennis Courts 1-4 & Badminton Courts 4 and 5 Unavailable 10 a.m. to 2:45 p.m.: Excel Training 3 to 5:10 p.m.: Drop-In Basketball 6 to 8 p.m.: Sundown Optimist Junior Tennis Club
Sunday, January 11	Tennis Sask Tournament	Strength & Conditioning Area Limited Badminton and Tennis Courts Track	7 a.m. to 10 p.m.: Tennis Courts 1-4 & Badminton Courts 4 and 5 Unavailable 9:15 to 10:15 a.m.: Regina Multisport Club 9:45 to 11:15 a.m.: Total Body Sculpting 1 to 4 p.m.: Excel Training 5 to 7 p.m.: Sundown Optimist Junior Tennis Club
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REMINDER: Passes and Bulk Tickets are honoured at the Fieldhouse, North West & Sandra Schmirler Leisure Centres.			

DATE	SPECIAL EVENT	AVAILABLE	CANCELLED
Saturday, January 17	Handball Provincial Camp	Strength & Conditioning Area Badminton Courts Limited Tennis Courts Track	8:45 a.m. to 4:30 p.m.: Tennis Courts 3 & 4 Unavailable 10 a.m. to 2:45 p.m.: Excel Training
Friday, January 23	Judo Saskatchewan Tournament	5 to 10 p.m.: Cell Unavailable (Strength & Conditioning Area, Badminton, Tennis and Track)	3 to 6 p.m.: Tennis Sask Program 7 to 10:30 p.m.: Sask Handball 9:30 to 11 p.m.: Tennis Sask After Hours 5 to 6 p.m.: Badminton Junior 6 to 7:30 p.m.: Badminton Adults
Saturday, January 24	Judo Saskatchewan Tournament	7 a.m. to 8 p.m.: Cell Unavailable (Strength & Conditioning Area, Badminton, Tennis and Track)	7 a.m. to 8 p.m.: Strength & Conditioning Area All sports programs and classes
Sunday, January 25	Judo Saskatchewan Tournament	7 a.m. to 8 p.m.: Cell Unavailable (Strength & Conditioning Area, Badminton, Tennis and Track)	7 a.m. to 8 p.m.: Strength & Conditioning Area All sports programs and classes

Friday, January 30	Tennis Saskatchewan Tournament	Strength & Conditioning Area Limited Badminton and Tennis Courts Track	7 a.m. to 10 p.m.: Tennis Courts 1-4 and Badminton 4 & 5 Unavailable 1 to 3:10 p.m.: Drop-In Basketball 7 to 10:30 p.m.: Sask Handball 9:30 to 11 p.m.: Tennis Sask After Hours
Saturday, January 31	Tennis Saskatchewan Tournament	Strength & Conditioning Area Limited Badminton and Tennis Courts Track	7 a.m. to 10 p.m.: Tennis Courts 1-4 and Badminton 4 & 5 Unavailable 10 a.m. to 2:45 p.m.: Excel Training 3 to 5:10 p.m.: Drop-In Basketball 6 to 8 p.m.: Sundown Optimist Junior Tennis Club 8 to 10 p.m.: Tennis Sask After Hours
REMINDER: Passes and Bulk Tickets are honoured at the Lawson Aquatic Centre, North West & Sandra Schmirler Leisure Centres.			