What you need to know about swimming lessons:

Participants are asked to physical distance during the swim lesson, maintaining two metres apart from other participants and the instructor.

When coming to a facility, everyone must do a self-assessment. Anyone sick must stay home.

Ideally only one parent or guardian should use on-deck seating. We recommend using a mask should you be on-deck.

Arrive just before the class with swim gear on.

* Changes have been implemented to comply with Re-open Saskatchewan Guidelines